

# The sense of

No. N48  
D=6-0

# sight gives to us

No. N36  
D=4-5

# one of our most valuable gifts but as with most things

No. N24  
D=3-0

# in daily use we tend to take it for granted. With little heed of the

No. N18  
D=2-3

# constant service which is at our command during all waking hours it is often overworked, strained

No. N14  
D=1-6

# and sometimes abused by the calls made upon it in our daily round. Taste, smell and sound are served

No. N12  
D=1-4

# by tongue, nose and ears. But how much more is told to us by our eyes; shape and size, colour, brightness and darkness, movement, distance and depth and we ask our eyes to tell us all this exactly and

No. N10  
D=1-2

# truly every moment of their working time. For many activities we judge the amount of energy used and renew it with rest and food. Yet few of us think of the energy our eyes use when seeing and the ever growing work placed

No. N8  
D=1-0

# upon them by progress and the march of time. At times we rest them, sometimes we help them with glasses. But in the past many have asked of their eyes too much, awaiting headaches, eyestrain or blurred vision before seeking the skill and help of the expert. To have the eyes tested

No. N6  
D=0-7

and obtain advice before they give trouble is wise for none of us are said to be perfect. This is often true of sight. Some defects arise with use or grow upon us with the passing years. Other defects can be present almost from birth and yet escape notice, unless we treat our eyes with care and regular attention, with good eyesight as our reward.

No. N5  
D=0-5